

ASHCROFT

BRITISH COLUMBIA'S RURAL AND REMOTE

Perched on the banks of the Thompson River, Ashcroft's desert climate, blue skies and sunny days are the perfect setting. The Ashcroft community of 1,670 is very active and promotes its diversity with many shows and fairs held throughout the year. Ashcroft is a small community with one of the best climates in British Columbia!



Ashcroft is situated on the traditional, ancestral, and unceded territory of the Nlaka'pamux and Secwepemc peoples. [Learn more about Interior Health's Indigenous Partnerships.](#)

// ASHCROFT UPCC

Ashcroft Urgent Primary Care Centre offers urgent care with 4 emergency beds a long-term care with 24 extended care beds and 1 respite bed. A full range of outpatient and ambulatory care services are available including basic radiology, laboratory, dietitian/diabetes, mental health and addictions, public health, home health and adult day care. The nearest major medical centre for community transfer is Royal Inland Hospital in Kamloops.

The UPCC is conveniently co-located in the facility adjacent to the Long Term Care unit. It is spacious with a bright waiting room, four doctor's offices, eight exam rooms, a nurse's room, staff room and reception/ bookkeeping offices.

// INCENTIVES *

Recruitment Incentive Fund (RIF): **\$20,000**

Fee Premium: **15.65%**

Flat Fee Premium: **\$23,742.41**

Relocation (Based on Location): **\$9,000-\$15,000**

* These are the current rural incentives you may be eligible for.

QUICK FACTS //

Average Temperature

- 7°C to + 32°C

Shopping and Dining

Farmers market, grocery store, cafes restaurants, bakery and fast food.

Education

Daycares, School District #74 Public Schools

Real Estate

View properties on [Realtor.ca](#)

Attractions to the Area

Fishing, biking, hiking, swimming, skiing

Airport

Kamloops Airport (109.3 KM).

Facilities

Museum, Pool, Campgrounds, Arena, Curling Rink, Library and more!

Did you know?

Ashcroft has served as the backdrop for numerous Old Western themed movies!

[Divisions of Family Practice](#)

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[Ashcroft, BC Website](#)

CASTLEGAR

BRITISH COLUMBIA'S KOOTENAY BOUNDARY

Castlegar, with a population of 8,338, has become known as one of the most desirable places to live in the region. A vibrant mix of commerce, recreation, and culturally rich community makes Castlegar an easy choice for a comfortable and active way of life. Its central location makes it ideal for exploring the abundance of outdoor activity in the West Kootenays.



Castlegar is situated on the traditional, ancestral, and unceded territory of the Syilx/Okanagan and Ktunaxa people. [Learn more about Interior Health's Indigenous Partnerships.](#)

// CASTLEGAR & DISTRICT HEALTH CENTRE

Castlegar and District Community Health Centre offers a variety of services in one location. The types of services delivered depend on patient needs and on whether comparable services are available nearby. Centres that offer one type of specialized outpatient care procedure (such as eye surgery) are classified based on that service.

Community Health Centres do not have acute care beds, but may provide: basic laboratory and radiology; urgent care; outpatient ambulatory care; community services; long term residential care services; and/or on-site doctors' offices.

Additionally, the local area is served by multiple clinics and an Urgent & Primary Care Centre.

// INCENTIVES *

Recruitment Incentive Fund (RIF): **\$15,000**

Fee Premium: **11.90%**

Flat Fee Premium: **\$18,059.10**

Relocation (*Based on Location*): **\$9,000-\$15,000**

* *These are the current rural incentives you may be eligible for.*

QUICK FACTS //

Average Temperature

- 10°C to + 29°C

Dining/Shopping

Grocery stores, restaurants, brew pubs, cafes and retail shops.

Education

Daycares, School District #20 public schools, and Selkirk College

Airport

West Kootenay Airport with daily flights to Vancouver

Real Estate

View properties on [Realtor.ca](#).

Facilities

Library, Regional Art Gallery, Theatre, Recreation Centre, yoga studio, campgrounds and more!

Special Events

Sculpture Walk, Rotary Wine & Scotch Tasting, Soup for the Cultured Soul, Farmer's Market

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[Kootenay Boundary Physician Video](#)

INVERMERE

BRITISH COLUMBIA'S EAST KOOTENAY

Perched on the edge of Lake Windermere, in the valley between the Rocky and Purcell Mountain ranges, Invermere is the economic hub of the Columbia Valley. Invermere offers spectacular mountain scenery, abundant outdoor activity and nearby Fairmont and Radium hot springs.



Invermere is situated on the traditional, ancestral, and unceded territory of the Ktunaxa peoples.

[Learn more about Interior Health's Indigenous Partnerships.](#)

// INVERMERE & DISTRICT HOSPITAL

The Invermere & District Hospital (IDH) is a unique facility in that all healthcare services across the continuum of care are under one roof, providing for a very cohesive approach to patient care. The hospital is a level 1 community hospital with a very busy state of the art, well functioning 12 bed Emergency Department.

Invermere and District Hospital was built in 1991 and the Columbia House Residential Care was added in 1994 and then later expanded to 35 beds in 2005. A new public/private share residential care, Ivy House, has recently been built in the next block.

Additionally, the local area is served by Invermere Medical Clinic and Chisel Peak Medical Clinic.

// INCENTIVES *

Recruitment Incentive Fund (RIF): **\$20,000**

Fee Premium: **20.02%**

Flat Fee Premium: **\$30,381.78**

Relocation (Based on Location): **\$9,000-\$15,000**

* These are the current rural incentives you may be eligible for.

QUICK FACTS //

Average Temperature

- 11°C to + 30°C

Dining/Shopping

Grocery stores, restaurants, delis, farmers market, breweries and cafes.

Education

Daycares, School District #6 - Public Schools, College of the Rockies

Real Estate

View properties on [Realtor.ca](#).

Attractions to the Area

Hot springs, kayaking, golfing, hiking and more!

Airport

Canadian Rockies Airport, Cranbrook (142 KM).

Facilities

Museum, Library, Cultural Centre, Campgrounds, Parks and more!

Did You Know?

Lake Windermere is one of the largest and warmest lakes in the Kootenay region!

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[Check Out This Video!](#)

LILLOOET

BRITISH COLUMBIA'S RURAL AND REMOTE

Lillooet's legendary mountain scenery, history and vibrant community make it a wonderful place to call home. With early spring, warm dry summers, mild autumns and short winters, this town of 1,652 has one of the most pleasant climates in Canada. The economy of Lillooet is based on forestry, farming and tourism, creating a down to earth and welcoming community.



Lillooet is situated on the traditional, ancestral, and unceded territory of the Northern St'át'imc people. [Learn more about Interior Health's Indigenous Partnerships.](#)

// LILLOOET DISTRICT HOSPITAL

The Lillooet District Hospital (LDH) is a six-bed community hospital providing standard and emergency medical services 24-hours per day.

Additional services include Maternity Care, Medical Imaging (X-ray, Electrocardiogram, Holter Monitoring), Laboratory, Day Surgeries, Dietician/Diabetes Educator, Mental Health and Addictions, Alcohol and Drug Counseling, Home and Community Care, Home Support, Residential Care, Palliative Care and Respite Care.

Attached to the hospital is the 22 bed Mountain View Lodge Residential Care Facility.

Additionally, the local area is served by Lillooet Medical Clinic.

// INCENTIVES *

Recruitment Incentive Fund (RIF): **\$15,000**

Fee Premium: **13.97%**

Flat Fee Premium: **\$21,192.89**

Relocation (*Based on Location*): **\$9,000-\$15,000**

* *These are the current rural incentives you may be eligible for.*

QUICK FACTS //

Average Temperature

- 7°C to + 30°C

Shopping and Dining

Farmers market, grocery store, cafes, breweries, bakery and fast food.

Education

Daycare, private high school, School District #74 Public Schools.

Real Estate

View properties on [Realtor.ca](#).

Attractions to the Area

Fishing, biking, golfing, hiking, wineries, swimming, skiing.

Airport

Kamloops Airport (186.9 KM).

Facilities

Yoga studio, campgrounds, community complex with a pool and fitness centre.

Did you know?

Lillooet remains one of the main population centres of the St'át'imc people.

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[District of Lillooet Website](#)

NAKUSP

BRITISH COLUMBIA'S KOOTENAY BOUNDARY

Nakusp, with a population of 1,112, is fondly referred to as the “Hidden Gem” of the Kootenays. The Arrow Lakes and surrounding area offer beautiful scenery and a wide array of outdoor recreational opportunities. Nakusp is a vibrant business community with year-round amenities and a warm, friendly community.



Nakusp is situated on the traditional, ancestral, and unceded territory of the Sinixt, Ktunaxa, Secwépemc and Syilx peoples. [Learn more about Interior Health's Indigenous Partnerships.](#)

// ARROW LAKES HOSPITAL

The Arrow Lakes Hospital (ALH) is a Level 1 Community Hospital. The hospital has 6 acute care beds, 20 extended care beds and a well equipped, fully functioning emergency department providing 24/7 medical care for both emergency cases and booked out-patient procedures. Diagnostic services are provided by the x-ray and laboratory departments. Visiting respiratory therapists are able to perform spirometry and sleep apnea assessments. Physiotherapy, occupational health, mental health, home care nursing and public health all have offices on site. Visiting specialist services include those for internal medicine, orthopaedic, paediatrics, psychiatry and chiropractic.

Additionally, the local area is served by Saddle Mountain Medical Clinic.

// INCENTIVES *

Recruitment Incentive Fund (RIF): **\$20,000**

Fee Premium: **21.42%**

Flat Fee Premium: **\$32,506.38**

Relocation (Based on Location): **\$9,000-\$15,000**

* These are the current rural incentives you may be eligible for.

QUICK FACTS //

Average Temperature

- 5°C to + 29°C

Dining/Shopping

Grocery stores, restaurants, meat shops, markets, pubs and cafes.

Education

Daycares, School District #10 - Public Schools.

Real Estate

View properties on [Realtor.ca](#).

Attractions to the Area

Nakusp Hot Springs, hiking, biking snowmobiling, paddling, golfing and so much more!

Airport

West Kootenay Airport, Castlegar (142.4 KM) and Kelowna International Airport (231.6 KM).

Facilities

Museum, Library, Youth Centre Arrow Lakes Historical Society, Campgrounds, Parks and more!

Did You Know?

The Arrow Lakes are known as a boaters playground!

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BRITISH COLUMBIA'S KOOTENAY BOUNDARY

The town of Nelson, with a population of 11,198, is set on the shores of the gorgeous Kootenay Lake and surrounded by the spectacular Selkirk Mountains. This hamlet on the Powder Highway is consistently ranked "Best Ski Town in North America". Nelson is a city where life is unhurried and people say "hello" to strangers. In Nelson, the spirit of camaraderie and friendly interactions create an inviting atmosphere that feels like home from the moment you arrive.



Nelson is situated on the traditional, ancestral, and unceded territory of the Ktunaxa peoples.

[Learn more about Interior Health's Indigenous Partnerships.](#)

// KOOTENAY LAKE HOSPITAL

Kootenay Lake Hospital (KLH) is a thriving Level 1 community hospital with 30 acute care beds. The hospital provides healthcare services to Nelson and the surrounding area, consisting of approximately 28,000 residents and visitors.

Kootenay Lake Hospital provides a comprehensive array of services, including state-of-the-art diagnostic imaging, cutting-edge laboratory services, transformative surgical procedures, tender-hearted maternity care, and more. The team of specialists covers diverse fields such as obstetrics & gynecology, pediatrics, internal medicine, ophthalmology, neurology, radiology, emergency medicine, and oncology. KLH regularly hosts visiting specialists for general surgery, orthopedics, and urology.

Additionally, the local area is served by multiple family medical clinics.

// INCENTIVES *

Recruitment Incentive Fund (RIF): **\$15,000**

Fee Premium: **11.48%**

Flat Fee Premium: **\$17,209.26**

Relocation (Based on Location): **\$9,000-\$15,000**

* These are the current rural incentives you may be eligible for.

QUICK FACTS //

Average Temperature

- 9°C to + 29°C

Dining/Shopping

Grocery stores, restaurants, craft breweries, markets, cafes, and local artisans.

Education

Daycares, School District #8 - Public Schools, Private Schools, Selkirk College

Real Estate

View properties on [Realtor.ca](#).

Attractions to the Area

Skiing, golfing, hiking, mountain biking, festivals, and so much more!

Airport

West Kootenay Airport, Castlegar (41 KM) and Kelowna International Airport (344 KM).

Facilities

Museum & Art Gallery, Library, Youth Centre, Theatre, Campgrounds, Parks and more!

Did You Know?

Nelson is reputed to have more restaurants per capita than Manhattan or San Francisco!

[Divisions of Family Practice](#)

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[Check Out This Video!](#)

PRINCETON

BRITISH COLUMBIA'S SOUTH OKANAGAN SIMILKAMEEN

Princeton is a small town with a population of 2,894. It is rich as in its history as it's beauty. Ideally situated at the rolling foothills of the Cascade Mountains where the Tulameen and Similkameen Rivers meet, Princeton is the southern gateway to B.C.'s Interior. Princeton's colorful history can be seen in heritage buildings and museums throughout town.



Princeton is situated on the traditional, ancestral, and unceded territory of the Nlaka'pamux people. [Learn more about Interior Health's Indigenous Partnerships.](#)

// PRINCETON GENERAL HOSPITAL

Princeton General Hospital is a six-bed, Level 1 Community Hospital in the Okanagan Health Service Area. Located south west of Penticton, the hospital offers Acute Care, Laboratory, X-ray and 24-hour Emergency Services. In emergency situations this community and physicians are supported by the High Acuity Response Team (HART). HART team consists of dedicated, highly trained critical care nurses responding with a BC Ambulance Service (BCAS) basic life support ambulance team to provide ground or air transport for acutely ill and injured patients from outlying rural and remote communities to higher levels of care. When required, a respiratory therapist will also be called in to assist. This advanced level of support allows the physician to stay in the community while knowing that their critically ill patients are being transported by a team of specialists. HART nurses for this community are based at Penticton Regional Hospital, where they support the Emergency Department and Intensive Care Unit when not involved in patient transports.

Additionally, the local area is served by Cascade Medical Clinic.

// INCENTIVES *

Recruitment Incentive Fund (RIF): **\$20,000**

Fee Premium: **15.23%**

Flat Fee Premium: **\$23,105.03**

Relocation (Based on Location): **\$9,000-\$15,000**

* These are the current rural incentives you may be eligible for.

QUICK FACTS //

Average Temperature

- 8°C to + 27°C

Shopping

Grocery stores, restaurants, fast food chains, coffee shops, pubs and bakeries.

Daycares/ Schools/ Post Secondary

Daycares, School District #58 Public Schools.

Real Estate

View properties on [Realtor.ca](#).

Attractions to the Area

Beaches, skiing, hiking, snowmobiling, boating, golfing and so much more!

Airport

Penticton Airport (108.2 KM)

Facilities

Arena, library, community centre, outdoor pool, campgrounds, parks and more!

Special Events

Princeton Pro Rodeo, Princeton Racing Days, and PXA Fall Fair.

[Divisions of Family Practice](#)

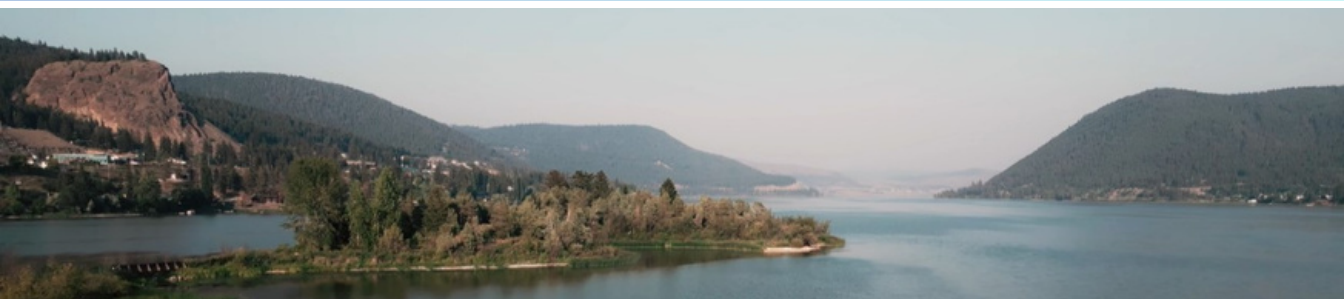
[Contact Our Recruitment Team](#)

[Princeton Website](#)

WILLIAMS LAKE

BRITISH COLUMBIA'S CENTRAL INTERIOR

Williams Lake is in BC's Central Interior Region, with a population of approximately 11,000 residents locally, and 25,000 residents in the surrounding areas. A vast array of lakes, rivers, hiking and biking trails, makes Williams Lake and the surrounding area a great place for outdoor enthusiasts to enjoy nature. Williams Lake has something for everyone.



The people of the Williams Lake First Nation (WLFN), the T'exelcenc, have belonged to the Secwepemc Nation for over 6500 years. Today, the WLFN community includes a growing population of over 800 registered members who live on the traditional lands of T'exelc, in Williams Lake, BC and across the globe. T'exelc is one of 17 Secwepemc nations forming Secwepemculecw, the greater stewardship land area extends from Shuswap Lake, to Quesnel Lake and from Columbia-Kootenay Range, to the Alexis Creek area. Since time immemorial, the Kukpi7s (Chiefs) led a strong people, and continue to do so today.

// CARIBOO MEMORIAL HOSPITAL

Cariboo Memorial Hospital is undergoing renovations scheduled for completion in 2026.

Currently a Level 2 Community Hospital with 28 beds, it offers ER, OR, Med-Surgery, Cardiology, and Obstetrics services.

The project includes adding 25 beds, upgrading the emergency department, introducing a mental health unit, cancer department, and maternity clinic.

Additionally, the local area is served by multiple clinics and an Urgent & Primary Care Centre.

// INCENTIVES *

Recruitment Incentive Fund (RIF): **\$15,000**

Fee Premium: **12.32%**

Flat Fee Premium: **\$18,696.48**

Relocation (Based on Location): **\$9,000-\$15,000**

* These are the current rural incentives you may be eligible for.

QUICK FACTS //

Average Temperature

- 8°C to + 26°C

Shopping

Grocery stores, restaurants, cafes, and retail shops.

Daycares/ Schools/ Post Secondary

Daycares, private schools, public schools, and Thompson Rivers University.

Real Estate

View properties on [Realtor.ca](https://www.realtor.ca).

Williams Lake Regional Airport

Daily flights to Vancouver!

Facilities

Parks, sports facilities, community centre, places of worship, public library, art galleries, theatres, and more!

Special Events

Williams Lake Stampede

[Division of
Family Practice](#)

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